



The Planet Needs Our Help!

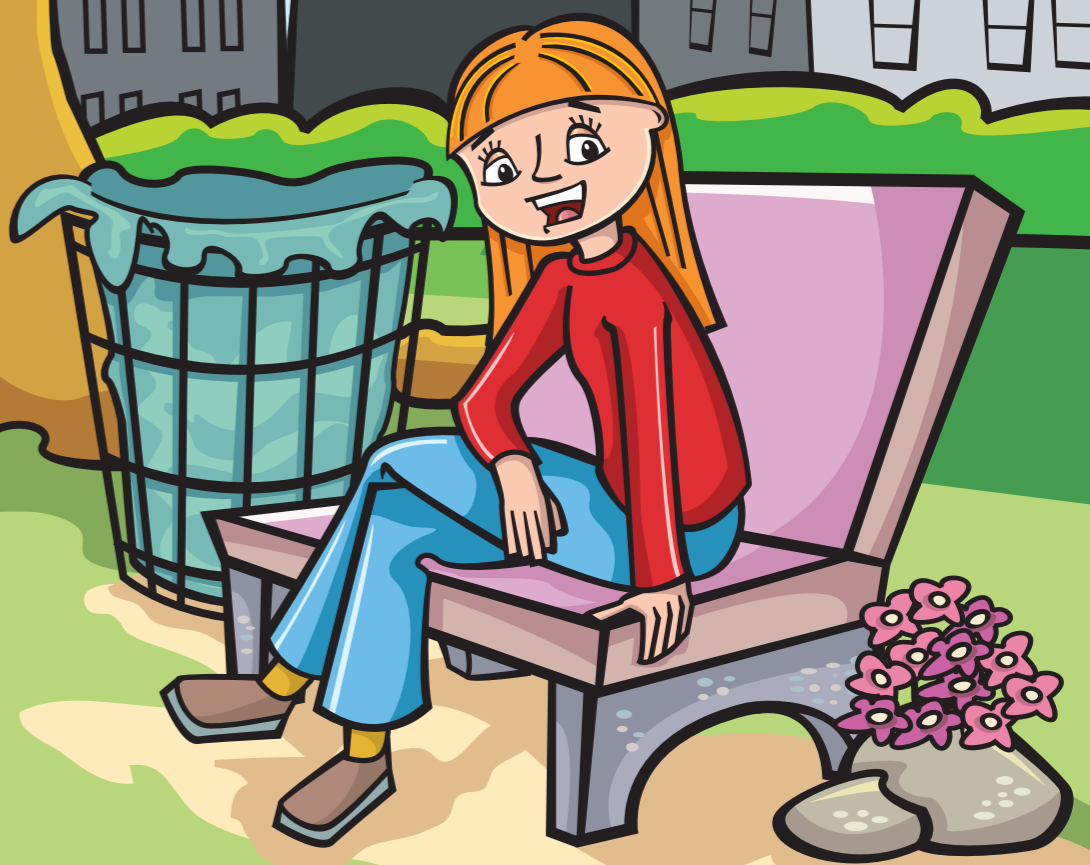
It's easy to forget sometimes just how important the natural environment is to all of us. The air we breathe, the water we drink and the land we use to build our homes and schools are all part of the Earth's natural environment, and we use them every day.

We also use our environment to have fun. We go swimming in our oceans and lakes. We play all sorts of sports on nice, open fields. And when we go camping, or to the park, or on a picnic, we take advantage of so much stuff that our environment has to offer.

Here are some simple things we can all do to make a difference:

- Turn off lights and computers when we're not using them.
- Turn off the tap while we're brushing our teeth.
- Reduce, reuse and recycle!
- Plant a tree.
- Talk to our friends and families about what we can do at home and in our communities to help protect the environment.

It's important for us to learn how to help the environment stay healthy. We want to make sure our water, air and land are clean, because we use them all the time.



Learn more at
www.ontario.ca/e-zone